

PRIVACY POLICY & COOKIES POLICY

The privacy policy applies between you - the User of this Website and Maria Sawicka - the owner and provider of this Website. We take the privacy of your information very seriously. This privacy policy applies to our use of any and all data collected by us or provided by you in relation to your use of the Website.

This privacy policy should be read alongside, and in addition to our Terms and Conditions (which can be found at the bottom of our website).

Please read this privacy policy carefully.

Definitions and interpretation

1. In this privacy policy the following definitions are used

Data – collectively all information that you submit to Maria Sawicka via the Website. This definition incorporates, where applicable, the definitions provided in the Data Protection Laws.

Cookies – a small text file placed on your computer by this Website when you visit certain parts of the Website and or when you use certain features of the website. Details of the cookies used by this website are set out in the clause below (Cookies)

Data Protection Laws – any applicable law relating to the processing of personal data, including but not limited to the directive 96/94 EC (Data Protection Directive) or the GDPR, and any national implementing laws, regulations and secondary legislation, for as long as the GDPR is effective.

GDPR – the General Data Protection Regulations (EU) 2016/679

Maria Sawicka – provider of hypnosis, NLP and coaching.

EU Cookie Law – the Privacy and Electronic Communication (EC Directive) Regulations 2003 and as amended by the Privacy and Electronic Communication (EC Directive) (Amendment) Regulations 2011

User or you – any third party that accesses the website and is not either (i) employed by Maria Sawicka and act in the course of their employment or (ii) engaged as a consultant or otherwise providing services to Maria Sawicka and accessing the website in connection with the provision of such services.

Website – the website that you are currently using, <https://mshypnohealth.com>, and any sub-domains of this site unless expressly excluded by their own terms and conditions

2. In this privacy policy, unless the context requires a different interpretation:
 - a. The singular includes the plural and vice versa;
 - b. References to sub-clauses, clauses, scheduled or appendices as to sub-clauses, clauses, schedules or appendices of the privacy policy;
 - c. A reference to a person included firms, companies, government entities, trust and partnerships;
 - d. “including” is understood to mean “including without limitation”
 - e. Reference to any statutory provision includes any modification or amendments of it;
 - f. The heading and sub-heading do not form part of this privacy policy

Scope of this privacy policy
3. This privacy policy applies only to the action of Maria Sawicka and Users with respect to this Website. It does not extend to any websites that can be accessed from this website including, but not limited to, any links we may provide to social media websites.
4. For purpose of the applicable Data Protection Laws, Maria Sawicka is the “data controller”. This means that Maria Sawicka determinants the purposes of which, and the manner in which your Data is processed.

Data collected

5. We may collect the following data, which include personal data from you:
 - a. Name & Surname
 - b. gender
 - c. Contact details such as email address and telephone numbers
 - d. Demographic information such as post code, preferences and interests
 - e. A list of URLs starting with referring site, your activity on this website, and the site you exit to (automatically collected)
 - f. Address, Age, Profession, Medical history, your GP information (provided personally by you at the session)

In each case, in accordance with this privacy policy

How do we collect data?

6. We collect data:
 - a. data is given to us by you, and
 - b. data is collected automatically

Data that is given to us by you

7. Maria Sawicka will collect your data in number of ways, for example:
 - a. When you contact us through our website, by telephone, post, email or through any other means
 - b. When you enter a competition or promotion through a social media channel;
 - c. When you make payments to us, through this website or otherwise;
 - d. When you elect to receive marketing communications from us;
 - e. When you use our services;

In each case, in accordance with this privacy policy

Data that is collected automatically

8. To the extent that you access the website, we will collect your data automatically, for example:
 - a. We automatically collect some information about your visited to the website. This information helps us to make improvements to website and navigation, and includes your IP address, the date, times and frequency with which you access the website and the way you use and interact with its content.
 - b. We will collect your data automatically via cookies, in line with the cookie settings on your browser. For more information about cookies, and how we use them on the website, see the section below, headed "Cookies".

Use of your data

9. Any or all of the above data may be required by us for time to time in order to provide you with the best possible service and experience when using our website. Specifically, data may be used by us for the following reasons:
 - a. Internal record keeping,
 - b. Improvement of our products / servicesIn each case, in accordance with this privacy policy
10. We may use your data for the above purposes if we deem it necessary to do so for our legitimate interests. If you are not satisfied with this, you have the right to object in certain circumstances (see the section headed "Your rights" below)

11. When you register with us and set up an account to receive our services, the legal basis for this is the performance of a contract between you and us and/or taking steps at your request, to enter into such a contract.

Who do we share data with?

12. We may share your data with following groups of people for the following reasons:
 - a. Our employees, agents and/or professional advisors – to obtain advise from professional advice
 - b. Google Analytics, Facebook Analytics & Weebly Analytics (provider of the website) - for the purpose of analysing the use of the website and services

Keeping data secure

13. We will use technical and organisation measures to safeguard your date, for example:
 - We wrote your data on secure servers
14. Technical and organisational measures include measures to deal with any suspected data breach. Id you suspect any misuse or loss or unauthorised access to your data, please let us know immediately by contacting us on this email address: hypnotherapy.maria@gmail.com
15. If you want detailed information get safe online on how to protect your information and your computers and devices against fraud identity theft, viruses and many other online problem, please visit www.getsafeonline.org. Get safe online is supported by HM Government and leading businesses.

Data Retention

16. Unless a longer retention period is required or permitted by law. We will only hold your date on our systems for the period necessary to fulfil the purposes outlined in this privacy policy or until you request that the date be deleted.
17. Even if we delete your data, it may persist on backup or archival media for legal, tax or regulatory purposes.

Your rights

18. You have the following rights in relation to your date:
 - a. **Right to access** – the rights to request copies of the information we hold about you at any time, or that we modify, update or delete such information. If we provide you with access to the information, we hold about you, we will not charge you for this, unless you request is “manifestly unfounded or excessive”. Where we are legally permitted to do so, we may refuse your request. If we refuse your request, we will tell you the reason why.
 - b. **Right to correct** – the right to have our date rectified if it is inaccurate or incomplete
 - c. **Right to erase** – the right to request that we delete or remove your date from our system
 - d. **Right to restrict our use of your data** – the right to “block” us from using your data or limit the way in which we can use it.
 - e. **Right to data portability** – the right to request that we move, copy or transfer your data
 - f. **Right to object** – the right to object to our use of your date including where we use it for our legitimate interests.
19. To make enquiries, exercise any of your rights set out above, or withdrawal your consent to the processing of your data (where consent is our legal basis for processing your data), please contact us via this e-mail address: hypnotherapy.maria@gmail.com
20. If you are not satisfied with the way a complaint you make in relation to your data is handled by us, you may be able to refer your complain to the relevant data protection authority; for

the UK, this is the Information Commissioners Office (ICO). The ICO's contact details can be found on their website at <https://ico.org.uk/>.

21. It is important that the data we hold about you is accurate and current. Please keep us informed if your date changed during the period for which we hold it

Transfers outside of the EEA

22. Data which we collect from you may be stored and processed in and transferred to countries outside of the EEA. For example, this could occur if our servers are located in country outside the EEA or one of our services providers is situated in a country outside the EEA. We also share information with our group companies, some of which are located outside the EEA.
23. We will only transfer data outside the EEA where it is compliant with data protection legislation and the means of transfer provides adequate safeguards in relation to your date, e.g, by way of data transfer agreement, incorporating the current standard contractual clauses adopted by the European Commission, or by signing up to the EU-US Privacy Shield Framework, in the event that the organisation in receipt of the date is based in the United States of America.

Links to other websites

24. This website may, from time to time, provide links to other websites. We have no control over such websites and are not responsible for the content of these websites. This privacy policy does not extend to your use of such websites,

Changes of business ownership and control

25. Maria Sawicka may, from time to time, expand or reduce our business and this may involve the sale and/or the transfer of control of all or part of this website. Data provided by users will, where it is relevant to any part of our business so transferred, be transferred along with that part and the new owner or newly controlling party will. Under the terms of this privacy policy, be permitted to use the data for the purposes for which it was originally supplied to us.
26. We may also disclose data to a prospective purchaser of our business our any part of it.
27. In the above instances, we will take steps with the aim of ensuring your privacy is protected.

Cookies

28. The website may place and access certain cookies on your computer. This website uses Cookies to improve your experience of using the website and to improve our range of services.
29. All cookies used by this website are used in accordance with current EU cookie Law.
30. Before the website places cookies on your computer, you will be presented with a message bar requesting your consent to set those cookies. By giving your consent to the placing of cookies you are enabling Maria Sawicka to provide a better experience and service to you.
31. This website may place the following Cookies:
 - a. Strictly necessary cookies – required for the operation of our website.
 - b. Analytical/performance cookies – they allow us to recognise and count the number of visitors and to see how visitors move around our website when they are using it. This helps us to improve the way our website works.
32. You can find a list of Cookies that we use in the Cookies Schedule (below)
33. **You can choose to enable or disable Cookies in your internet browser.** By default, most internet browsers accept cookies, but this can be changed (ref. help menu in your internet browser)

34. You can choose delete cookies at any time, but you may lose any information that enables you to access the website more quickly and efficiently including, but not limited to, personalisation settings.
35. It is recommended that you ensure that your internet browser is up-to-date.
36. For more information generally on cookies can be found on aboutcookies.org

General

37. You may not transfer any of your right under this privacy policy to any other person. We may transfer our rights under this privacy policy where we reasonably believe your right will not be affected.
38. If any court or competent authority finds that any provision of this privacy policy (or part of any provision) is invalid, illegal or unenforceable, that provision or par-provision will, to the extent required, be deemed to be deleted, and the validity and enforceability of the other provisions of the privacy policy will not be affected.
39. Unless otherwise agreed, no delay, act or omission by a party in exercising any right or remedy will be deemed a waiver of that, or any other, right or remedy.
40. This Agreement will be governed by and interpreted according to the law of Germany. All disputes arising under the Agreement will be subject to the exclusive jurisdiction of the German court.

Changes to this privacy policy

41. Maria Sawicka reserve the rights to change this privacy policy as we may deem necessary from time to time or as may be required by law. Any changes will be immediately posted on the website and you are deemed to have accepted the terms of the privacy policy on your first use of the website following the alterations.

You may contact Maria Sawicka by email at hypnotherapy.maria@gmail.com

Cookies

Below is a list of the cookies that we use.

Necessary cookies:

COOKIE NAME	PROVIDER	TYPE	EXPIRY
beatSessionId First found URL: https://www.morningsunlight.org/ Cookie purpose description: Registers which server-cluster is serving the visitor. This is used in context with load balancing, in order to optimize user experience.	morningsunlight.org	HTML	Persistent
beatSessionTs First found URL: https://www.morningsunlight.org/ Cookie purpose description: Registers which server-cluster is serving the visitor. This is used in context with load balancing, in order to optimize user experience.	morningsunlight.org	HTML	Persistent
debug First found URL: https://www.morningsunlight.org/ Cookie purpose description: Unclassified Initiator: Script tag, page source line number 286	engage.wixapps.net	HTML	Persistent
firebase:host:#.firebaseio.com First found URL: https://www.morningsunlight.org/ Cookie purpose description: Unclassified	engage.wixapps.net	HTML	Persistent

hs	morningsunlight.org	HTTP	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Ensures visitor browsing-security by preventing cross-site request forgery. This cookie is essential for the security of the website and visitor.			
TS#	morningsunlight.org	HTTP	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Unclassified			
TS#	wix.com	HTTP	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Unclassified			
XSRF-TOKEN	morningsunlight.org	HTTP	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Ensures visitor browsing-security by preventing cross-site request forgery. This cookie is essential for the security of the website and visitor.			
XSRF-TOKEN	wix.com	HTTP	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Ensures visitor browsing-security by preventing cross-site request forgery. This cookie is essential for the security of the website and visitor.			

Statistics & Marketing cookies:

COOKIE NAME	PROVIDER	TYPE	EXPIRY
_ga	inffuse-fbpopup.appspot.com	HTTP	2 years
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Registers a unique ID that is used to generate statistical data on how the visitor uses the website.			
_gat	inffuse-fbpopup.appspot.com	HTTP	1 day
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Used by Google Analytics to throttle request rate			
_gid	inffuse-fbpopup.appspot.com	HTTP	1 day
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Registers a unique ID that is used to generate statistical data on how the visitor uses the website.			
collect	google-analytics.com	Pixel	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Used to send data to Google Analytics about the visitor's device and behavior. Tracks the visitor across devices and marketing channels.			
fedops.logger.sessionId	morningsunlight.org	HTML	Persistent
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Registers statistical data on visitors' behaviour on the website. Used for internal analytics by the website operator.			
common/cavalry_endpoint.php	facebook.com	Pixel	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Unclassified			
svSession	morningsunlight.org	HTTP	2 years
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Tracks a visitor across all wix.com sites. The information collected can be used to make advertisement more relevant for the visitor.			
capsule 14517e1a-3ff0-af98-408e-2bd6953c36a2 164b5192-3799-4735-9495-2c1e2f3591c8#wix-visitor-data-key-a4ac5acd-dc04-41fd-a964-91ebe6c95f5f	morningsunlight.org	HTML	Persistent
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Unclassified			
fbpopup:proj_ovzWPyyQ41ZDX1vdb2mkH	inffuse-fbpopup.appspot.com	HTML	Persistent
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Unclassified			
platform-viewer	frog.wix.com	Pixel	Session
First found URL: https://www.morningsunlight.org/			
Cookie purpose description: Unclassified			